

**TICKLY TODDLE**  
SONGS FOR VERY YOUNG CHILDREN  
(FORMERLY MORE BABYSONGS)  
All songs copyright 1981 Hap-Pal Music

This recording is intended for use with small groups of children in day care and nursery school settings, or for use by the individual child at home. The songs are fun for listening and singing. The activities that accompany them are simple and afford opportunities for interaction between adult and child.

There is a wide variety of moods and rhythms and the songs cover a number of important areas such as body awareness, self image, vocabulary development, family relationships, dramatic play and creative movement.

Since it may be the child's first experience with an activity recording it is advisable to let the child respond in his or her own way. The child may not wish to participate at first, or may have different ideas from those in the guide. Allow the child to experiment or simply listen. Children generally begin to participate when they feel comfortable.

**Track # 1 - RUB-A-DUB**

Words: Martha Cheney/Music: Hap Palmer

Children learn body parts while pretending to take a bath.

They can pretend to wash themselves, a doll, or a friend; or a parent can pretend to wash the child.

**Chorus:**     *Don't you love to have fun in the tub*  
                  *Rub-a-dub*  
                  *Just hop in the water and scrub*  
                  *Rub-a-dub*  
                  *Pile up the bubbles just as high as they'll go*  
                  *Then start at the top and work down to each toe*  
                  *In the scrubbly bubbly tub*

*First you wash your face to make your cheeks bright  
But remember to keep your eyes shut tight  
Then ears in and out and neck round and round  
Then move on to your shoulders and arms up and down*

### **Repeat Chorus**

*Your fingers and toes may need extra soap  
And you haven't forgotten that tummy I hope  
Wash your bottom and legs, scrub on down to those feet  
Then up, down and sideways, you're all clean and sweet.*

### **Repeat Chorus**

## **TRACK # 2 - MY BABY**

**Words:** Martha Cheney and Hap Palmer/**Music:** Hap Palmer

This is an activity designed for a child and his or her baby doll.

The child, following along with the verses, bathes, feeds, changes and rocks the baby doll. During the choruses children may rock or dance with baby, sing or just listen. As a variation, parents might act out the verses pretending the child is a baby.

*My baby wants her bottle now  
She's hungry as can be  
I'll feed her milk all nice and warm  
And hold her close to me*

**Chorus:**     *Little baby I love you so  
                  Little baby I'll watch you grow  
                  Little baby I love holding you  
                  'Cause I know you love me too*

*My baby's diaper is all wet  
He needs one nice and dry  
So I will change his diaper now  
And then he will not cry*

### **Repeat Chorus**

*My baby is all dirty 'cause  
We went outside to play  
So I will put her in the tub*

*And wash the dirt away*

### **Repeat Chorus**

*My baby has a sleepy face  
He needs a little nap  
So I will rock him in my arms  
And hold him in my lap*

### **Repeat Chorus**

## **TRACK # 3 - SHOUT AND WHISPER**

Words: Martha Cheney/Music: Martha Cheney and Hap Palmer

Children listen to each underlined phrase as it is sung;  
Then repeat it, first in a loud voice, then very softly.

*Shout and whisper just like me  
Shout and whisper one, two, three  
Shout - one, two, three  
Whisper - one, two, three*

*Shout and whisper, that's what we do  
Shout and whisper I love you  
Shout - I love you  
Whisper - I love you*

*Shout and whisper, that's our game  
Shout and whisper what's your name  
(Children say their own names)  
Shout \_\_\_\_\_  
Whisper \_\_\_\_\_*

## **TRACK # 4 - THE HAMMER SONG**

Words and Music: Hap Palmer

Children love to hammer. This activity can be done with a pretend hammer, toy hammer, or rhythm instrument such as sticks, woodblock, or drum.

**Bang Bang Bang Bang  
Watch me hammerin'  
Bang Bang Bang Bang**

Poundin' nails in

Bang Bang Bang Bang  
I try to pound them straight

Bang Bang Bang Bang  
Don't want to make mistakes

Bang Bang Bang Bang  
You know it feels so good

Bang Bang Bang Bang  
To make things out of wood

Bang Bang Bang Bang  
Watch me hammerin'

Bang Bang Bang Bang Bang

### **TRACK # 5 - TICKLY TODDLE**

Words: Martha Cheney/Music: Hap Palmer

During the verses children can act out the movements of a goose, a worm, and a bee. During the chorus a parent, teacher or partner can gently tickle the child under the chin and behind the knee.

*Tickly toddle, a goose likes to waddle  
She'll wobble and waddle all over the world*

**Chorus:**     *So tickly tickly tickly pin  
I like to be tickled up under my chin  
Tickly tickly tickly bee  
I like to be tickled in back of my knee*

*Tickly jiggle, a worm likes to wiggle  
He'll squiggle and wiggle all over the world*

### **Repeat Chorus**

*Tickly tumble, a bee likes to bumble  
He'll buzz and he'll bumble all over the world*

## Repeat Chorus

### TRACK # 6 - CRAZY MONSTER

Words: Martha Cheney/Music: Hap Palmer

In this activity children can pretend to be a little crazy and growly.

*Suggested* movements are below each lyric:

*I'm a crazy monster, I live in a cave*

(Make cave with arms)

*I'm a crazy monster, I will not behave*

(Shake arms wildly and make faces)

*I'm a crazy monster, I jump up with the sun*

(Act out waking up)

*'Cause I can't wait to run outside and scare everyone*

(Make scary gestures and scary faces)

*I'm a crazy monster, I stomp and scream and moan*

(Stomp feet, scream and moan)

*I'm a crazy monster, I smash and crash and groan*

(Do smashing movements with arms)

*I'm a crazy monster and when the day is through*

(Act out sun going down)

*I crawl back in my cave and sleep just like you*

(Crawl on floor and lay head on arms - pretend to sleep)

*Just like you*

### TRACK # 7 - FAMILY HARMONY

Words: Martha Cheney and Hap Palmer/Music: Hap Palmer

This song presents the names and sounds of various musical instruments. Children can have fun singing along or pretending to play the instruments. The song also concerns members of a family. Parents and teachers might want to talk with children about who makes up a family, how these members relate - (i.e., Grandma is mother of mother or father, etc.) and what members they have in their own families.

**Chorus:**     *We play our song together*  
                  *A happy melody*  
                  *It always sounds much better*  
                  *In family harmony*

*Baby plays the bongo drums  
Daddy plays a big guitar  
Grandma plays the violin  
Oh what pretty sounds they are*

### **Repeat Chorus**

*Auntie plays the xylophone  
Sister plays the saxophone  
Uncle plays the silver flute  
Oh what lovely lilting tones*

### **Repeat Chorus**

*Grandpa plays the slide trombone  
Mama plays piano  
Brother plays the tambourine  
With love they make the music flow*

### **Repeat Chorus**

## **TRACK # 8 - SO MUCH TO HEAR**

**Words:** Martha Cheney and Hap Palmer/**Music:** Hap Palmer

Here children listen to sounds commonly heard in a child's day. At the end of the song are sounds for them to identify. After listening to the song, the children might be asked to spend a silent moment listening to hear sounds around them or to list sounds they frequently hear.

**Chorus:**     *My days are filled with funny sounds  
                  I hear them with my ears  
                  Listenin' to noises all around  
                  There's so much to hear*

*I hear the phone start ringing  
I answer it hello  
It's time to clean the house up  
Hear the vacuum cleaner go*

*Playing with my puppy  
Running all around the grass  
He barks at me and licks me*

*And it always makes me laugh*

### **Repeat Chorus**

*I help my mommy cooking  
We bang the pots and pans  
My dad turns on the radio  
We dance and clap our hands*

*Sometimes when we go walking  
We hear noises near and far  
Come and listen with me  
Do you know what they are?*

**Sounds:** Construction (Hammer, Saw, Electric Drill);  
Birds; Bell; Baby Crying; Horn; Car Starting; Person Walking; Dogs  
and Crickets at Night.

### **Repeat Chorus**

## **TRACK # 9 - WATCH A WITCHIE WHIZ**

**Words:** Martha Cheney and Hap Palmer/**Music:** Hap Palmer

Many children in the three-to-five age group are fascinated with "scary" things. Here is a pretend song about a witch who has lots of fun flying around, and the children can join in and be witches, too!

*Green hair shines in the golden moon  
Wild witch sits on a magic broom  
Up on back hops her black tom cat  
And they go flyin, zoom -*

*Watch a witchie whiz way up high  
Stars sparkle brightly as she flies  
Racing in the cold night sky*

*If you'd like to fly to the golden moon  
Jump right up on your magic broom  
Up on back hops your black tom cat  
And you go flying, zoom -*

*Watch a witchie whiz way up high*

*Stars sparkle brightly as you fly  
Racing in the cold night sky*

*Watch a witchie whiz way up high  
Stars sparkle brightly as you fly  
Racing in the cold night sky  
Cold night sky -*

### **TRACK # 10 - WILD AND WOOLLY**

**Words:** Martha Cheney and Hap Palmer/**Music:** Hap Palmer

This is a fun pretending activity. Children imagine that they are cowboys, riding bucking broncos in a rodeo.

*Wild and woolly is a cowboy show  
Ridin' buckin' broncos in a rodeo  
Bouncin' up and down and a turnin' around  
Jumpin' and a joltin' til you fall on the ground*

**Chorus:**     *Wild and woolly  
Ride and rope and run  
Wild and woolly  
Have some wild and woolly woolly fun!*

*Ridin' 'round and 'round swingin' your lasso  
Wave your hat to mama shoutin' woo yahoo!  
When the western Arizona sun goes down  
You're dancin' and a singin' at the big hoedown*

### **Repeat Chorus**

### **TRACK # 11 - IT WAS ALL A DREAM**

**Words:** Martha Cheney and Hap Palmer/**Music:** Hap Palmer

Most children at this age begin to experience dreams, some of them unpleasant. This song helps them to differentiate between reality and fantasy, and reassures them that their parents will keep them safe.

*Sleeping alone in your bed at night  
You hear something go a-a-a-a-gh!  
It looks like a witch or a monster  
You call for your mama to come*

*She looks out the window and under your pillow  
She looks in your closet and under your bed  
She says "Dear there is nothing here that can harm you  
The sound that you heard is all in your head"*

**Chorus:**     *It was all a dream, it was all a dream  
The thing that you heard was not real my dear  
It was all a dream, it was all a dream  
Go back to sleep, there's nothing to fear*

*Sleeping alone in your bed at night  
You hear something go o-o-o-h  
It looks like a ghost or a goblin  
You call for your papa to come*

*He looks out the window and under your pillow  
He looks in your closet and under your bed  
He says "Dear there is nothing here that can harm you  
The sound that you heard is all in your head"*

### **Repeat Chorus**

*Sleeping alone in your bed at night  
You hear something go g-r-r-r-r-  
It looks like a lion or a tiger  
You call for your mama to come*

*She looks out the window and under your pillow  
She looks in your closet and under your bed  
She says "Dear there is nothing here that can harm you  
The sound that you heard is all in your head"*

### **Repeat Chorus**

## **TRACK # 12 - PIGGY TOES**

**Words: Martha Cheney/Music: Hap Palmer**

This is a just-for-fun song where children pretend their ten toes are little pigs and do movements that follow the lyrics. Parents might also tickle and wiggle the child's toes and feet.

*Ten little piggies run thumpity thud  
Ten little piggies squish into the mud  
Ten little piggies so soft and so sweet  
Don't you think toes are the best part of feet*

**Chorus:** *Jiggle your piggy toes, wiggle your piggy toes  
Giggle and wiggle and jiggle jiggle your toes  
Jiggle your piggy toes, wiggle your piggy toes  
Run those sweet piggies right up to your rosy nose  
Run them right up to your nose*

*Ten little piggies dig into the rug  
Ten little piggies curl up like a bug  
Ten little piggies go tippy tip toe  
Toes are the best part of feet don't you know*

**Repeat Chorus**

### **TRACK # 13 - SLEEPY TIME SEA**

**Words:** Martha Cheney/**Music:** Hap Palmer

This is a lullaby for quiet times.

*Breeze over the sea  
Sing a sweet song to me  
Of ships and sails, dolphins and whales  
Blue ocean rolling and free*

**Chorus:** *Rock away with me on my boat and see  
Sweet sleepy time sea  
On a magic tide as I softly ride  
My dreams come sailing to me*

*Clear splash of the tide  
Waves that glisten and glide  
Foamy spray, seagulls at play  
Blue ocean rolling and wide*

**Repeat Chorus**

**HAP PALMER** began his teaching career working with the mentally retarded in East Los Angeles. He has also worked with pre-school and early childhood age groups. His recordings contain a wide assortment of activities which integrates and correlates subject matter - combining music, movement and learning. All are based on the belief that learning can be fun. The activities are varied in approach from specific task to problem solving, to creative movement and dramatic play. He conducts workshops throughout the nation and has taught extension courses at California State University at Long Beach and Fresno, also working part time for Los Angeles City Schools teaching music and movement grades K-3. Hap is privileged to work with many fine musicians and arrangers in the Los Angeles area. He has written and recorded over 200 songs for children, writing music and lyrics, creating activities, producing, playing and singing.

**MARTHA CHENEY** has a wide variety of experiences in the education of young children. She has taught kindergarten, first grade and elementary physical education as well as tutoring in reading and math. While raising her two children she has been active in parent groups and school advisory councils at both elementary and junior high school levels. She received a B.A. in early childhood education from the University of North Carolina at Wilmington. While in school there she worked in day care and acted as summer director of the center. She has also taken courses in writing poetry through UCLA extension.

Titles of Songs:

**RUB-A-DUB  
MY BABY  
SHOUT AND WHISPER  
THE HAMMER SONG  
TICKLY TODDLE  
CRAZY MONSTER  
FAMILY HARMONY**

**SO MUCH TO HEAR  
WATCH A WITCHIE WHIZ  
WILD AND WOOLLY  
IT WAS ALL A DREAM  
PIGGY TOES  
SLEEPY TIME SEA**

**Credits:**

*Engineer:* Tim Jaquette  
*Vocals:* Hap Palmer  
*Children's Chorus:* Steven Back, Amy Cameron, Andrew Crofoot,  
Beth Dewey, Greg Quinn, Carl Tipton, Chris Wilkins  
  
*Backup Vocals on  
"Family Harmony":* Alberta Gysin, Lloyd Gysin  
*Keyboards:* Steve Welch  
*Drums:* John Perry  
*Percussion:* Bill Schlitt  
*Bass:* Bill Perry  
*Electric Guitar:* Bob Summers  
*Acoustic Guitar:* Hap Palmer  
*Violin:* Peter Kent  
*Saxophone, Flute:* John Yoakum  
*Trombone:* Michael Totten  
*Dog "Spike" Trained by:* Don and Linda  
*Laughs:* Kelly Palmer, Wesley Palmer, Linda Vautler  
*Children's Chorus Directed by:* Alberta Gysin  
*Mastered by:* Doug Sax at the Mastering Lab,  
Hollywood, California  
  
*Arranger:* Bob Summers  
*Producer:* Hap Palmer  
*Executive Producer:* Don Perry  
*Designed and Illustrated by:* Carole Schumacher

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