

**Educational Activities, Inc.**

Presents

CD 643

# **MAKE A FRIEND - BE A FRIEND**

**Songs for growing up and growing together with friends**

by Jack Hartmann

## **1. SHERLOCK THE PUP**

Children can have fun singing along and participating in this bouncy favorite. Start by following the children's parts, clapping two times and singing the chorus. Teachers and parents can stimulate questions and answers about why Sherlock the Pup is a good friend and why friends are important.

**Chorus:**

**He's Sherlock the Pup  
Sherlock the Pup  
Frisky little doggie  
With a tail that wiggle-woggies  
He's Sherlock the Pup  
Sherlock the Pup  
And he's always waiting for me.**

**He's got a sparkle in his eye  
Lookin' kind of shy  
He's the kind of guy  
That you'd love to meet.**

**Hair of golden brown  
Flyin' up and flyin' down.  
As he runs across the yard  
To play with me.**

**Bridge:**

I know that he's the best  
Even better than the rest  
And I can sure depend on him  
To stay with me

He's there through thick and thin  
Always glad I'm there with him  
And he's a very, very special  
Friend - to me.

**Repeat Chorus**

With his toys he likes to play  
In a very special way  
He's glad if you will stay around  
And play with him.

He'd like to make a friend  
Who will take some time and spend,  
A little love and care  
When he needs someone.

**Repeat Bridge and Chorus**

## **2. YOU'VE GOT PERSONALITY**

This bright, catchy tune can help boys and girls understand that each person has a unique personality. Play the Personality Game where each day one or two children are recognized with special attention and then asked some "favorite" questions: favorite activity to do alone, with friends, favorite place to go. Explore personality features of handling feelings like anger or happiness. Reward and support each child for participating. Over a period of time, each child can be featured in the Personality Game. Adapt to group or individual setting.

**Chorus:**

**You've got personality  
You've got a special style  
You've got personality  
I know it's true when you smile that smile.**

**You've got a very special way  
A special smile on a special face  
And when you laugh, everything feels right  
You can make a cloudy day seem bright!**

**There's no one in the world just like you  
You're unique yes, it's true  
Now point your thumbs up to the sky  
Then to yourself - I'll tell you why.**

**Repeat Chorus**

There's so much about you that's special to me  
I'm really glad you're a friend you see  
Now let's all sing your favorite song  
Everybody come on - sing along!

**Repeat Chorus**

### 3. LET'S TAKE CARE OF ALL THE ANIMALS

This action-filled song will be enjoyed by one and all. Guide children to sing and move to all the action words. Everyone can participate together and move to the relaxing Caribbean rhythm. Help children understand why it is important to take care of our animals; discuss preservation, endangered animals, day-to-day care of pets. Studies indicate learning to care for animals can relate to caring for others.

#### Chorus:

**Let's take care of all the animals  
Let's take care of all our friends  
Let's take care of all the animals  
Let's take care of all our friends.**

**Let's take care of all the birds  
Let's take care of all our friends  
Let's take care of all the birds  
Let's take care of all our friends.**

**So they can fly, fly, fly  
They can fly, fly, fly  
They can fly and play - be happy on this day.**

#### Repeat Movement

Let's take care of all the sea animals  
Let's take care of all our friends  
Let's take care of all the sea animals  
Let's take care of all our friends.

So they can swim, swim, swim  
They can swim, swim, swim  
They can swim and play - be happy on this day

#### Repeat Movement

Let's take care of all the dogs  
Let's take care of all our friends  
Let's take care of all the dogs  
Let's take care of all our friends

So they can wag their tails  
They can wag their tails  
They can wag and play - be happy on this day

#### Repeat Movement

#### Repeat Chorus

Just like you, they need a friend.

### 4. FRIENDS RAP

Children can clap to the great beat, move in their natural rhythm, and respond to children's spelling parts. Discuss how friends can be short or tall, big or small, young or older, and any color, ethnic, cultural background. Help children appreciate individual differences in people.

What are friends?  
What do they do?  
At school or home or at the zoo  
What are friends?  
Please listen now  
Let's start by spelling friends out loud!

Say the letters after me - say - F R I E N D S  
What word do we have? "FRIENDS!"  
What word do we have? "FRIENDS!"

Friends are special, I believe  
Friends share and sing and laugh so free  
Friends look like you and look like me  
Friends are any color you see.

They like to work and play together  
Some friends will be friends forever  
Friends are very special you see  
Let's join hands and spell friends with me

Follow me - say - F R I E N D S  
What word do we have? "FRIENDS!"  
What word do we have? "FRIENDS!"

Friends live in houses big and small  
Some friends are short  
Some friends are small  
Friends are any size or shape  
It doesn't matter - friends are great!

Now, there's one last thing I will say  
If you want friends to come your way  
You've got to try to treat them nice  
Share and play and be polite  
Take turns and work those problems out  
That's what a friend is all about.

### 5. JUST LAUGH

Studies indicate having a positive sense of humor and being able to laugh appropriately at yourself and together with others are extremely important human qualities to have as a child, adolescent, and adult. "Just Laugh" can be used to really brighten up the day. Set a happy mood, and encourage everyone to let

their funny feelings out and **laugh**: follow children's parts. Discuss different situations when laughing can really help you (i e.. when angry, frustrated).

Everybody has problems sometimes  
Boys and girls sometimes too  
Like fighting over a toy or a game  
Or who's first in line at your school

**Bridge:**

Well here's a little something that you can do  
When problems are really quite small  
Here's a little something that's easy to do  
Before those problems become big and tall

**Chorus:**

**Just laugh - little laughs**  
**Just laugh - silly laughs**  
**Just laugh - belly laughs**  
**Just laugh - whisper laughs**

**Everybody gets angry sometimes**  
**Boys and girls sometimes too**  
**Like feeling angry at a neighbor or friend**  
**For doing something - they didn't really mean to do**

**Bridge to Chorus**

When you laugh at yourself  
Or with someone else  
You can start to feel good and have fun!  
And make better friends with someone.

**Repeat Chorus and Laugh!!!**

**6. MAKE A FRIEND - BE A FRIEND**

Guide and support children to sing along with the beautiful melody and words in this memorable song about friendship. Discuss the value of friends: laughter, fun, sharing, playing together. Introduce responsibility and helping in friendship. Sing along and have fun!

What can you do to help make this world a better place to live in?  
What can you say in your own special way to help us all live together?

You can share it each day  
Give it away  
It's free and it's so easy  
You can have so much fun!  
It's for everyone  
Do you know what word I'm singing?

**Bridge:**

It's friendship - friendship  
friendship - friendship  
It's the best thing - everyone sing  
It's friendship - friendship  
friendship - friendship  
Come on along - let's all sing this song.

**Chorus:**

**Make a friend - make a friend**  
**Be a friend - be a friend**  
**You'll begin to see how good it feels**  
**It's up to you**  
**It's up to me**  
**To make this world a place to live in harmony.**

**(Bridge to chorus 2X)**

**7. SUNSHINE SUN ON ME**

Enhance creative thinking with this happy sing along by verbally expressing some beautiful images of a bright sunny day. Let children think and imagine what they can see, hear, smell, taste, and touch on such a sunshine filled day. Also, give children an opportunity to express what activities they like to do on a beautiful day.

The sun, the sky, how lucky that I  
Can run and play all the day  
I'll see my friends - I can't wait till then  
I know, they'll be right away.

And we can run and play, and have fun on this day  
And anything we do I know will be okay  
When the sun is high - and so bright up in the sky  
I feel so good - feel so good  
I feel so good - feel so good.

**Chorus:**

**Sunshine-sun on me - I'm glad it's a happy day**  
**Sunshine-sun on me - I'm glad that I feel this way.**

**The birds, the bees, the flowers and the trees.**  
**I love how they all make me smile**  
**So every day I'm feelin' this way**  
**I want to stay for awhile.**

**And we can run and play, and have fun on this day!**  
**And anything we do I know will be okay**  
**When the sun is high - and so bright up in the sky**  
**I feel so good - feel so good**  
**I feel so good - feel so good.**

**Repeat Chorus**

## 8. MY NAME IS DANIEL

The three special children singing on this song express some of the important feelings of thousands of exceptional children in our nation and around the world. Encourage children to sing the chorus especially because the thoughts and feelings are shared by all children.

My name is Daniel - I'm five years old  
I use a wheelchair that helps me to go  
All kinds of places I like to see  
I like my teacher - I think she likes me.

And I'm just a kid not much different than you  
I know I don't run, But there's lots I can do  
Sometimes I feel bad - when I don't get a turn  
Just give me a chance - It's fun to learn.

### Chorus:

**And I like to laugh - and I like to play  
And I like to have lots of fun every day  
I dream at night, all the things I can do  
And I'd like to be friends with you.**

**My name is Andi and I'll be seven soon  
I take the bus when I go to my school  
I like to learn, but I go pretty slow  
It's all right to me - I'm happy you know.**

**And I'm just a kid not much different than you  
I don't learn so fast, but - there's lots that I can do  
Sometimes I feel bad - when kids make fun of me  
I wish they'd try to be friends  
I'm a good friend - you'd see.**

### Repeat Chorus

My name is Maria, and I'm ten years old  
My eyes can't see, I'm blind, but you know  
I see in my mind so many wonderful things  
I like to share them with friends that I meet.

I'm just a kid not so different than you  
My eyes can't see but there's lots I can do  
Sometimes I feel angry when they say I can't play  
Just give me a chance - I'll be okay.

### Repeat Chorus

## 9. BE A FRIEND - DON'T BE A BULLY

Children that bully are often children that have been bullied, and they can frequently hold feelings of anger or hurt inside. *1. Help children develop more awareness of their feelings. 2. Give them positive alternatives for expressing their feelings. 3. Assist them in getting attention for helping, leading or achieving. Avoid stereotyping a bully as this can reinforce bullying in the future.*

If you want to be a fish  
You've got to swim down in the sea  
If you want to be a bird  
You've got to fly among the trees  
If you want to be a lion  
You've got to raise your paws and growl  
If you want to be a friend  
Come and listen to me, now

### Chorus:

**A friend is someone special, who really  
likes to share**

**A friend won't always tease  
Or try to start a fight somewhere  
A friend will really show they care  
In many different ways  
A friend is just about the best thing  
You can be each day hey, hey, hey  
Be a friend, be a friend, be a friend  
Don't be a bully!**

**Now, bullies don't try sharing  
They don't see that's the way  
Sometimes they'll go take from smaller  
children, anyway**

**And bullies won't play nice  
And act like lots of friends will do  
Wow, I would rather be a friend  
A bully isn't cool - ooh, ooh, ooh  
Be a friend, be a friend, be a friend  
Don't be a bully!**

### Repeat Chorus

## 10. WHAT WOULD IT BE LIKE

“What Would It Be Like” can serve as a good introduction for children to develop their occupational awareness. Many children may not have some basic ideas about what their parents do at work and why work is important. Individual or group activities that creatively use music, books and discussion can be great learning experiences.

What would it be like to be a truck driver  
To be a truck driver all day through  
What would it be like to be a truck driver  
What would it be like for you?

You would start the day at work  
When the sun comes up  
Find out where to drive  
In your big, big truck  
You would drive and drive and drive  
Turn the steering wheel and drive  
Deliver all your cargo like new - you did it  
That's what it would be like for you!

What would it be like to work in an office  
To work in an office all day through  
What would it be like to work in an office  
What would it be like for you ?

You would put your nice clothes on  
And get dressed right up  
Work inside an office building  
And turn the computers on  
You could print your ideas out,  
Answer phones and meet about  
Help your business too!  
That's what it would be like for you.

There are many, many jobs  
That grownups do each day and night  
Jobs like being a policeman,  
A doctor, a construction worker, a dentist,  
a psychologist  
A landscaper, a baseball player and many more!

They work hard at all their jobs  
And earn money to buy food and clothes and  
a home  
And they make friends at their jobs  
And working can feel good, too!

What would it be like to be a teacher  
To be a teacher all day through  
What would it be like to be a teacher  
What would it be like for you ?

You would start your work at night  
As you make a teaching plan  
The next day, there at school  
You would start your class  
You could teach the ABC's and so many  
other things  
And you'd care about all the children - it's true  
That's what it would be like for you.

There are many, many jobs  
That grownups do each day and night  
They work hard at all their jobs  
And earn money to buy food and clothes and  
a home  
And lots more - that's what they work for - it's true  
And working can feel good, too!  
Yes, working can feel good, too!

## 11. WE KNOW YOUR NAME

Children follow the sound of the bell and say their name. The group responds by sharing a friendly “Hi\_\_\_\_\_!” (fill in name). This can be a fun activity at the beginning of school or through the year in any group situation to help children feel a sense of belonging.

It's fun to get to make new friends  
It's fun to learn their names  
Let's all sit in a circle now  
Get ready to say your name

Each time you hear the bell ring out  
Take turns and say your name  
And then we all say “Hi” to you  
And go around again.

### Chorus:

**We know your name  
We know your name  
We know your name  
We know your name  
We're glad that you are here.**

**Repeat Chorus and Follow Activity**

## 12. IT'S NOT YOUR FAULT

Divorce or separation can be a confusing and difficult experience, especially for a child. Children may feel guilty, bad, or angry because they feel responsible. Give them many opportunities to express their feelings and reassure them they're not to blame. Share this song and discuss any thoughts and feelings. An excellent book for young children and their parents is **Divorce is a Grown Up Problem** by Janet Sinberg.

I know that sometimes you're worried  
I know that sometimes you feel scared  
I know that sometimes you think it's your fault  
That your dad will no longer live there.

I know that sometimes you think - it's your fault  
And you just feel sad and alone  
I know that sometimes you think  
You did something wrong  
But listen right now - to something that you should  
know  
Yes, you should know.

### Chorus:

**It's not your fault - It's not your fault  
Your mom and dad don't live together today  
It's not your fault - It's not your fault  
You didn't make them break up that way  
It's not your fault anyway**

**I know that sometimes you feel angry  
And wonder - what went wrong anyway?  
Why aren't dad and mom happy anymore  
Why did one leave and one stay**

**I know that sometimes you think it's all your fault  
Will mom and dad still love you the same?**

**I know that sometimes you think  
You did something wrong  
Please listen right now - no you're not to blame!  
There are many parents who get divorced and  
children are just not to blame.**

### Repeat Chorus

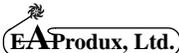
And your mommy will always be your mommy  
And your dad will always be your dad  
Even though things have changed  
One thing will be the same  
Your mommy and dad will still love you  
Your mommy and dad will always love you.

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